

Academic & Research Portfolio (Curriculum Vitae)

Dr. Vivek Kumar

Assistant Professor | Pāli & Buddhist Studies

Samrat Ashok Subharti School of Buddhist Studies

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RESEARCH INTERESTS

I have a strong interest in the Pāli language and literature, with a focus on its historical, cultural, philosophical and psychological aspects. My research centers on Buddhist philosophy, particularly Abhidhamma and Buddhist psychology, exploring their relevance in contemporary contexts. I am also engaged in comparative studies of Buddhism with other religious traditions and modern psychology, aiming to foster interdisciplinary understanding and intercultural dialogue.

SKILLS & EXPERTISE

I have a strong academic background in Pāli studies and my work combines historical, cultural and philosophical perspectives in both teaching and research. I've worked closely with Pāli manuscripts, learning how to preserve them and understand their deeper meanings. I'm confident in translating and transliterating classical texts and I use textual criticism to ensure my interpretations are both accurate and meaningful.

My area of expertise includes Abhidhamma and Buddhist psychology, where I explore how ancient Buddhist ideas can still speak to modern-day issues especially around the mind and human behavior. I've also had formal training in Prakṛta language and manuscriptology, which has deepened my understanding of classical texts and how to work with them carefully.

Alongside this, I'm passionate about interdisciplinary and cross-cultural studies. I enjoy exploring connections between Buddhist thought, other religious traditions and modern psychology to encourage thoughtful dialogue and wider understanding.

1. ACADEMIC QUALIFICATIONS

- 2022: Ph.D. in **Pāli**, Department of Pāli & Buddhist Studies, Banaras Hindu University, Varanasi, Uttar Pradesh
Thesis Title: “भवङ्ग-चित्त का विश्लेषणात्मक अध्ययन (An Analytical Study of Life Continuum-Consciousness)”
- 2018: M.A. in **Pāli Literature**, Department of Pāli & Buddhist Studies, Banaras Hindu University, Varanasi, Uttar Pradesh
- 2016: B.A. with Major in **Pāli & Buddhist Studies**, Rashtrasant Tukadoji Maharaj Nagpur University (RTMNU), Nagpur, Maharashtra
- 2013: ICT Certificate in **Computer Applications**, Ministry of Labour and Employment, Government of India, Mumbai
- 2012: 12th (Intermediate) with **Physics, Chemistry, Mathematics (PCM)**, U.P. Board
- 2010: 10th (Matriculation) with **Physics, Chemistry, Mathematics (PCM)**, U.P. Board

2. FELLOWSHIPS AND CERTIFICATIONS

- **2017:** Junior & Senior Research Fellowship (JRF/SRF)
Awarding Body: University Grants Commission (UGC), Delhi
- **2017:** Qualified National Eligibility Test (NET)
Awarding Body: University Grants Commission (UGC), Delhi

3. TEACHING EXPERIENCE

- **From 09/05/2023** to the present, I have been serving as an Assistant Professor at the Samrat Ashok Subharti School of Buddhist Studies, Swami Vivekanand Subharti University, Meerut. I am engaged in teaching postgraduate (M.A.) and doctoral (Ph.D.) students in Pāḷi and Buddhist Studies.
- **During my Ph.D. (2019-2022)**, I served as a Lecturer in the Department of Pāḷi & Buddhist Studies at Banaras Hindu University, Varanasi, where I taught undergraduate and diploma-level courses in Pāḷi and Buddhist Studies.

4. RESEARCH EXPERIENCE

Total Experience: 6+ Years (2018-2025)

Ph.D. Researcher in Pāḷi & Buddhist Studies

Banaras Hindu University, Varanasi | 2018-2022

Research Topic: “भवङ्ग-चित्त का विश्लेषणात्मक अध्ययन”

Conducted an in-depth exploration of the concept of Life Continuum-Consciousness (*bhavaṅga-citta*) as presented in the Abhidhamma, focusing on its role in mental continuity and Buddhist psychology.

- Published scholarly articles in reputed journals and presented research findings at various national and international conferences.
- Contributed significantly to the academic discourse on Buddhist philosophy, Abhidhamma theory and consciousness studies.

Ph.D. Supervision & Research Mentorship

Samrat Ashok Subharti School of Buddhist Studies, SVSU, Meerut | 2023-Present

- Supervising Ph.D. scholars conducting research in areas such as Pāḷi literature, Buddhist psychology, Abhidhamma philosophy and contemporary applications of Buddhist thought.
- Providing mentorship in research methodology, academic writing and interdisciplinary studies that connect traditional Buddhist frameworks with modern philosophical and psychological paradigms.
- Actively engaged in curriculum enrichment and fostering a scholarly environment for advanced Buddhist studies.

5. ACADEMIC EXPERIENCE - Ph.D. SUPERVISION

A. Successfully Supervised Doctoral Theses

1. **Pham Thi Thanh (2024)** worked on the thesis titled “*An Analytical Study of the Bodhisattva in Mahāyāna Buddhism: Perspectives from Modern Vietnam.*”
2. **Obhasa (2025)** completed a thesis entitled “*An Analytical Study of Contemporary Living Based on the Araṇavibhaṅga Sutta: A Buddhist Perspective.*”
3. **Do Thi Kim Ngan (2025)** conducted research on “*An Analytical Study of Meditation Techniques with Special Reference to the Satipaṭṭhāna Sutta.*”
4. **Van Duc Vinh (2025)** is currently pursuing research on “*Exploring Compassion for Mental Peace: A Study of Selected Suttas in the Sutta Piṭaka.*”

B. Ongoing Supervision

1. **Indarcariya (2025)** is engaged in a thesis titled “*Buddhist Views on Mental Health: A Comparative Study with Contemporary Psychological Approaches to Depression and Anxiety.*”
2. **Kelasa (2025)** is working on the topic “*The Concept of Peace in Early Buddhism: With Special Reference to the Sutta Piṭaka.*”
3. **Tay Za (2025)** is pursuing research entitled “*An Analytical Study of Āhāra in Pāli Literature.*”

6. ONGOING ACADEMIC AND ADMINISTRATIVE ROLES

1. **Coordinator**, Institution’s Innovation Council (IIC), SASSBS, SVSU, Meerut.
2. **Web Coordinator**, SASSBS, SVSU, Meerut.
3. **Coordinator**, Weekly Lecture Series, Tathagat Buddha Chair, SVSU, Meerut.
4. **Member Secretary**, Quality Enhancement Working Committee (QEWC), SASSBS, SVSU, Meerut.
5. **Member, Research Committee**, SVSU, Meerut.
6. **Research Officer**, Tathagat Buddha Chair, SVSU, Meerut.
7. **Member**, Library Committee, SASSBS, SVSU, Meerut.
8. **Editorial Board Member**, *Re-emergence of Buddhism in Contemporary Society*.
9. **Former Coordinator**, Internal Quality Assurance Cell (IQAC), SASSBS, SVSU, Meerut (*Tenure: September 2023 - April 2025*).

7. OTHER ACADEMIC ACTIVITIES

2023: Member, Curriculum Development Committee, M.A. Program, *Sanskrit Curriculum: Buddhist and Jain Studies*, School of Humanities, IGNOU, New Delhi. Contributed to the development of the following units:

- **Unit 6:** Bauddha Dharma evaṁ Darśana kā Sandesha
- **Unit 10:** Bauddha Dharma ke Saṁpradāya evaṁ Siddhānta
- **Unit 11:** Bauddha Dharma aura Cattāri Brahmavihārā: Mettā, Karuṇā, Muditā, Upekkhā
- **Unit 12:** Bauddha Darśana ke Saṁpradāya evaṁ Siddhānta

8. PUBLICATIONS

BOOK

1. Abhidhamma Darshan mein Pratyaya (Relations in Abhidhamma Philosophy): English to Hindi translation (with commentary), Published by Motilal Banarsidass, Delhi.

RESEARCH PAPERS

1. **November 2025:** “Pāli Sāhitya meṁ Bhrūnavigyān kā Dārśanik Viśleṣaṇ,” *Dharmadoot (UGC-CARE Listed Journal)*, Volume 91, Pages 176-217
2. **November 2024:** “Dakṣiṇa-Pūrva Aśiyā Meṁ Upalabdha Paññāsajātaka,” *Dharmadoot (UGC-CARE Listed Journal)*, Volume 90, Pages 216–231
3. **April 2024:** “Practicing the Six Paramitas and Applying the Bodhisattva’s Ideals to Daily Life,” *The Academic International Journal of Multi-Disciplinary Research*, Volume 2, Pages 1–11
4. **May 2024:** “A Comparative Study of Mahayana and Hinayana Bodhisattva,” *International Journal of Research Publication and Reviews*, Volume 5

5. **January 2022:** “Pāḷi Sāhitya Mem Prāpta Śūnyatā Kī Avadhāraṇā,” *Shodh Prerak: A Multidisciplinary Quarterly International Peer-Reviewed Refereed Research Journal*, Volume 12, Pages 116–120
6. **2020–2021:** “Bhavaṅga ke rūpa mem utpanna bhautika astittva kā saṅkṣipta vivecana: Pāḷi sāhitya ke sandarbha mem” *Sambhodhi, Bodhgaya: Maha Bodhi Society of India*, Page 100
7. **April 2020:** “Sthaviravāda Mem Bhavaṅgacitta Kī Avadhāraṇā,” *Sodha Pravaha: A Multidisciplinary Peer-Reviewed Refereed Research Journal*, Volume 10, Pages 113–118
8. **April 2019:** “Milindapaṇha Ke Paripekṣa Mem Bhavaṅgāt Avasthā Tathā Svapnoḃ Kā Adhyayana,” *Jigyasa: An Interdisciplinary Peer-Reviewed Refereed Research Journal*, Volume 12, Pages 2432-2445.
9. **December 2024:** “The Ethics of Malicious Speech in Buddhist Thought: A Comprehensive Analysis of Pisunavācā and Sammāvācā”, *International Research Journal of Education and Technology*, Vol. 06, pp. 1668–1680.
10. **November 2024:** “Understanding the Ethical Dimensions of Flattery and Rebuke: Power Dynamics and Their Effects on Mental and Spiritual Development in a Buddhist Psychological Perspective”, *International Research Journal of Education and Technology*, Vol. 06.

PAPERS PRESENTED IN CONFERENCES

1. **November 2019:** Presented a research paper titled “*Milindapaṇho Mem Bhavaṅgāt Avasthā Tathā Svapnoḃ Kā Adhyayan*” at the **6th International Conference on Pāḷi & Buddhism**, organized by the International Pāḷi Institute, Sarnath, Varanasi.
2. **February 2020:** Presented a research paper titled “*Dakṣiṇa Pūrv Āśiyā Mem Prachalit Paññāsajātak Kā Adhyayan*” at **Dhammasākacchā – National Level Students’ Conference on Buddhist Narrative Literature**, organized by the Savitribai Phule Pune University, Pune.
3. **November 2023:** Presented a research paper titled “*Saṅkhāra and Kliṣṭa Manovijñāna: A Comparative Analysis of Mental Foundations and Afflictions*” at the **5th International Buddhist Conference on ‘The Relevance of Buddhist Tourist Sites of Uttar Pradesh’**, organized by the Women Empowerment Sangh, India.
4. **5–6 December 2023:** Presented a research paper titled “*Food and the Mind: Exploring Emotional and Psychological Connections in Pāḷi Literature*” at a **Two-Day National Seminar**, jointly organized by the Indian Council of Social Science Research (ICSSR), Shaheed Baba Deep Singh Department of Home Science, and the Samrat Ashok Subharti School of Buddhist Studies, Swami Vivekanand Subharti University, Meerut.
5. **25–26 March 2025:** Presented a research paper titled “*Symbols and Artifacts in Early Buddhist Culture: A Study Based on Pāḷi Canonical Descriptions*” at a **Two-Day International Conference on ‘Exploring Buddhism: History, Culture and Archaeology’**, organized in collaboration with the Department of History, Chaudhary Charan Singh University, the Uttar Pradesh State Archaeology Department, and the Greek Chair, SLL&CS, Jawaharlal Nehru University (JNU), New Delhi.
6. **5 September 2025:** Presented a research paper titled “*Applying the Buddha’s Teachings to Contemporary Social Challenges*” at the **National Seminar on ‘The Teaching and Teachings of the Buddha: Relevance in Contemporary Society’**, organized by the Buddhist Education Institute of India, supported by the Ministry of Culture, Government of India.
7. **8–9 November 2025:** Presented a research paper titled “*Law, Dhamma, and Sustainability: A Buddhist Perspective*” at the **International Conference on ‘An Integrated Approach to Legal Philosophy and Religion for a Sustainable Global Society’**, organized by the Sardar Patel Subharti Institute of Law, Swami Vivekanand Subharti University, Meerut.

2. WORKSHOPS ATTENDED

1. **April 2019:** “E-learning: A Way to Upgrade Your Skills & Qualifications,” One-day workshop, Department of Foreign Languages, Banaras Hindu University, Varanasi
2. **May 17-June 6, 2019:** “Teaching & Learning in Prākṛta Language,” 21-day national workshop, Rashtriya Sanskrit Sansthan, New Delhi, Parshwanath Vidyapeeth, Varanasi
3. **June 3-July 2, 2019:** “Manuscriptology with Special Reference to 'Shastradhyayana-Sampadanaevam Sampadana-Pravidhi,” One-month advanced-level workshop, Indira Gandhi National Centre for the Arts, Varanasi
4. **July 20-26, 2019:** “Pāli Literature as a Source of Indian History and Culture,” Seven-day national workshop, Indian Council of Historical Research and Nava Nalanda Mahavihara, Bihar

3. CERTIFICATES OF PARTICIPATION

1. **2024:** Innovative Teaching Strategies and Technology Integration, Organized by Samrat Ashok Subharti School of Buddhist Studies (SASSBS)
2. **2024:** Teaching Staff Development Program, Organized by SASSBS
3. **2024:** Research Methodology Training Program, Title: Research Skills Development for Faculty, Organized by SASSBS
4. **2024:** Teaching Staff Research Methodology Training, Organized by SASSBS
5. **2024:** Two-Day Faculty Development Program (FDP), Title: Curriculum Design and Outcome-Based Education (OBE), Organized by SASSBS
6. **2024:** 10-Day Faculty Development Program, Organized by SASSBS.
7. **2025:** 3rd International Religious Peace Academy, Organized by HWPL.

4. AWARDS AND HONORS

1. **2023:** Honored with the Global Teacher Award by Women Empowerment Sangha, Nagpur, a national organization sponsored by the Tourism Department, Uttar Pradesh
2. **2024:** Honored with the Global Researcher Award by Women Empowerment Sangha, Nagpur, a national organization sponsored by the Tourism Department, Uttar Pradesh

5. PERSONAL DETAILS

- **Name:** Dr. Vivek Kumar
- **Father's Name:** Mr. Mahesh Chandra
- **Date of Birth:** 30/03/1996
- **Nationality:** Indian
- **Permanent Address:** Village/Post: Alipur Khera, District: Mainpuri, Uttar Pradesh, India
- **Languages Known:** Pāli, Saṁskṛta, Hindi, English
- **Current Designation:** Assistant Professor, Samrat Ashok Subharti School of Buddhist Studies, Swami Vivekanand Subharti University, Meerut

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief. I take full responsibility for the accuracy of the particulars mentioned in this document.

Place: Meerut, U.P., India

Date:

(Dr. Vivek Kumar)